

Example of Two-Column Notes

Quotes/ Information	Reactions (Thoughts, questions, connections)
Struggle when kids try to cut back on gaming	Why is it so hard to quit? Not like being addicted to cigarettes or drugs.
First nationally representative study	People have been playing video games for decades. Why did it take until now to do a big study on the effects of playing?
Addiction: skipping chores or homework	I don't think kids need video games as an excuse to skip this stuff!
"Game addicted" kids did worse in school	I wonder how the kids did in school before they were addicted. I bet they were never straight A students.
88% of kids 8–18 play video games	I wonder if there's any difference in the way gaming affects little kids versus teens. Does it make a difference how old you are when you start playing?