

## Four Article Choices for PTSD Discussion

**A Soldier's Letter Home from WWII:** This was written by an American GI serving in the Pacific, graphically telling his parents about the combat casualties he had seen.

**"The Forever War of the Mind":** Max Cleland, who served as head of the Veterans Administration, recounts how he lost an arm and both legs in battle—and describes the mental anguish that accompanied his physical wounds.

**"Post-traumatic Stress Disorder (PTSD)":** Basic problems associated with PTSD, from the U.S. Veterans Administration.

**Blog Post—"Daddy's Home":** Written by the wife of a decorated soldier who suffers from PTSD, this article offers tips for families in the same situation.